

**Sail for the Cure
Woman's Regatta
SAILING INSTRUCTIONS
Saturday, September 13, 2008**

1 RULES

- 1.1 The series races will be governed by the 'rules' as defined in *The Racing Rules of Sailing*.
- 1.2 The prescriptions of the United States Sailing Association (US Sailing) national authority will apply.
- 1.3 No single-handed racing is allowed in the PHYC/SYC racing program.

2 NOTICES TO COMPETITORS

- 2.1 Notices to competitors will be posted on the official notice boards located at PHYC and SYC after approval of the Race Chairmen.

3 CHANGES TO SAILING INSTRUCTIONS

- 3.1 Any change to the sailing instructions will be posted before 0800 on the day it will take effect.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed at SYC Race Committee Building (Race Shack) may also be displayed at the PHYC flagstaff.
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP.

5 SCHEDULE OF RACES

- 5.1 The scheduled time of the warning signal for the first race is 1155.
- 5.2 Cancelled races will not be rescheduled.

6 CLASS PENNANTS

- 6.1 Class Pennants are not required.

7 CLASS SPLITS

- 7.1 There will be two classes:
 - Cal 25, Main & Jib only, maximum crew of 6, all female.
 - Grampion 26, Main & Jib only, maximum crew of 6, all female.

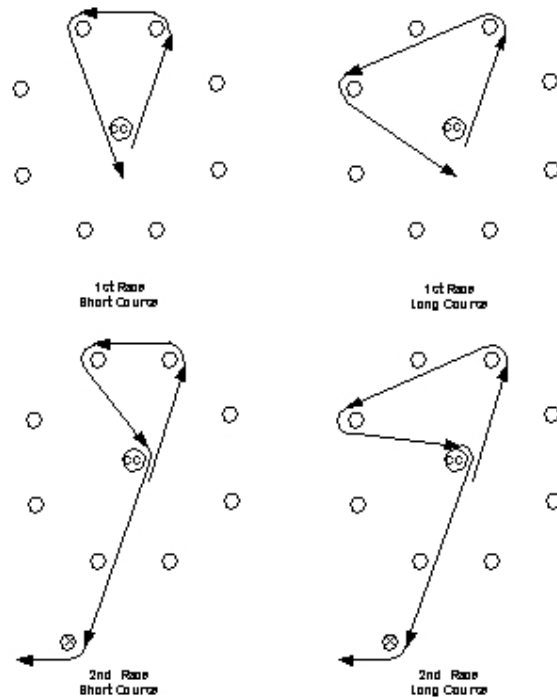
8 THE COURSES

- 8.1 Courses may be shortened before the start of a race by displaying Code Flag S. (Modifies RRS 32)
- 8.2 The Octagonal Course is shown in Appendix 1.
- 8.3 The course will be a triangle from CC to the approximate windward mark determined by the corresponding letter pennant displayed on the RC boat.
- 8.4 The absence of the RC boat at the CC finish for the first race indicates only one race for that day. The single race will follow the course for the second race and will finish after rounding X mark between R-2 navigation buoy to starboard and the RC boat to port (offshore of the SYC race shack).
- 8.5 No later than the warning signal, the race committee signal boat will display the Code Flag to the 1st letter mark.
- 8.6 Marks A-H shall be rounded to Port. For the second race, Mark CC shall be rounded to Port unless noted by an "*" in the table, and then it shall be rounded to starboard. Mark CC is not a rounding mark for the first race. The X mark shall always be rounded to Starboard.
- 8.7 Each Class shall round the marks specified by the Code Flag displayed by the Race Committee and by the following tables:

Triangle Course Table:

Code Flag	First Leg	First Race Short Course	First Race Long Course	Second Race Short Course	Second Race Long Course
	Distance	3.46 NM	4.27 NM	6.88 NM	7.69 NM
A	345°	CC-A-H-Finish	CC-A-G-Finish	CC-A-H-CC*-X-Finish	CC-A-G-CC*-X-Finish
B	030°	CC-B-A-Finish	CC-B-H-Finish	CC-B-A-CC*-X-Finish	CC-B-H-CC*-X-Finish
C	075°	CC-C-B-Finish	CC-C-A-Finish	CC-C-B-CC-X-Finish	CC-C-A-CC*-X-Finish
D	120°	CC-D-C-Finish	CC-D-B-Finish	CC-D-C-CC-X-Finish	CC-D-B-CC-X-Finish
E	165°	CC-E-D-Finish	CC-E-C-Finish	CC-E-D-CC-X-Finish	CC-E-C-CC-X-Finish
F	210°	CC-F-E-Finish	CC-F-D-Finish	CC-F-E-CC-X-Finish	CC-F-D-CC-X-Finish
G	255°	CC-G-F-Finish	CC-G-E-Finish	CC-G-F-CC-X-Finish	CC-G-E-CC-X-Finish
H	300°	CC-H-G-Finish	CC-H-F-Finish	CC-H-G-CC*-X-Finish	CC-H-F-CC-X-Finish

Typical Triangle Course Routings:



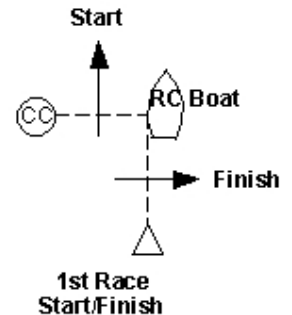
9 MARKS

- 9.1 Marks A, B, C, D, E, F, G, H, and X are 4' diameter yellow balls marked with a black letter. Mark CC is a 4' diameter white ball marked with black letters. R-2 is a red channel navigation buoy.
- 9.2 Marks that are damaged but still visible are still to be considered proper marks. Marks that are missing or substantially off-station may be replaced by marks that meet one of the following conditions:
 - a. 4' diameter white or yellow ball with no letter identification.
 - b. A buoy or stake-boat displaying an M Code Flag.
 - c. An inflatable orange (or other color) pyramid buoy.
- 9.3 Green inflatable pyramid may be used as a limit mark for the Race Committee Boat. This mark will be considered to be a part of the Race Committee boat.

10 THE START

- 10.1 Races will be started by using RRS 26 with the warning signal given 5 minutes before the starting signal.
- 10.2 The Race Committee will display the corresponding number flag for each start.

- 10.3 The starting line shall be between a staff displaying the Orange Flag on the Race Committee boat at the starboard end and CC mark at the port end. (See Start/Finish Diagram)
- 10.4 The starting order will be Cal 25 Class and then the Grampion 26 Class.
- 10.5 Boats whose warning signal has not been made shall avoid the starting area extending 500' behind the starting line and all boats whose warning signal has been made.
- 10.6 The second race for the day will start no sooner than 15 minutes after the last boat finishes the first race, or 15 minutes after time expires, which ever is sooner. Race Committee may display the 2nd Substitute if planning a second race.
- 10.7 When a general recall for a class has been signalled, the start for the recalled class will be moved to the bottom of the starting order. This will retain the stating order for the other class. (Changes RRS 29.2)



11 THE FINISH

- 11.1 The finish line for the first race will be between an inflatable orange (or other color) pyramid buoy to starboard and the orange flag on the Race Committee boat to port. (See Start/Finish Diagram)
- 11.2 The finishing line for a single race or the second race will be the R-2 navigation buoy to starboard and the Race Committee Boat to port (located offshore of the SYC RC Shack).
- 11.3 After finishing, boats shall not obscure the Race Committee's vision of the finish line and stay clear of boats still racing. Boats should not re-cross the finish line with sails up after finishing.
- 11.4 Boats shall record their finish times, and the boat immediately ahead and astern. Times should be reported to the Race Committee if requested.
- 11.5 The US Coast Guard has advised PHYC/SYC that some commercial traffic may be under escort through the St. Clair River and the Lake Huron shipping channel out to #11 & #12 buoys. Skippers are reminded that all larger commercial vessels have the right-of-way in these areas and must use caution when approaching or crossing the channel when a freighter is present, especially at #2 Buoy when finishing a race.

12 TIME LIMITS

- 12.1 Time limit for the first race is 2 hours from the start of the class.
- 12.2 Time limit for a single race or the second race is 4-1/2 hours after the class starting signal.
- 12.3 If one boat finishes within the time limit, the time limit for that class extends by 30 minutes.

13 PROTESTS AND REQUESTS FOR REDRESS

- 13.1 Protest forms are available at the SYC Race Committee Race building or PHYC Clubhouse. Protests shall be delivered to the Judge's Committee, the Race Chairmen, or the Principal Race Officer within the protest time limit.
- 13.2 The protest time limit is 3 hours after the finish time of the final race of the day of the protesting yacht.
- 13.3 Protest hearing will be held as soon as a committee can be convened.

14 SAFETY REGULATIONS

- 14.1 Each yacht racing, depending on country of registration, shall comply with US or Canadian Coast Guard requirements.
- 14.2 Yachts retiring from a race must identify themselves to the Race Committee as soon as possible using VHF 69, failing that, immediately after arriving ashore by calling 810-985-9424.

15 EQUIPMENT AND MEASUREMENT CHECKS

- 15.1 A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions.

16 RADIO COMMUNICATION

- 16.1 The Race Committee may monitor and use VHF 69 to hail sail numbers of infringing yachts. Failure to do so will not be grounds for redress.

17 SCORING

- 17.1 The Low Point scoring system of RRS Appendix A will apply.
- 17.2 All boats that do not finish within the time limit of a race will be scored one more than the number of finishers.
- 17.3 A boat's series score will be the total of her race scores.
- 17.4 After 72 hours all results are final pending any open protests or request for redress.

18 PRIZES

- 18.1 Flags will be given to the top three finishers in each class.
- 18.2 A trophy will be awarded to overall class winners.

19 DISCLAIMER OF LIABILITY

- 19.1 Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

Appendix 1

